

Hi-Line Home Programs, Inc..

The staff at Hi-Line Home Programs, Inc. firmly believe that young children are the future of our community and there are many ways that we can come together for our children.

If we cannot find humor in our daily life, how can we handle the demands and pressures of work and home. How can we be there for the children we care and teach?

We are delighted to be bringing to Glasgow a speaker who will give us more information on how to reach out and help our children succeed in school and in life and be our best.

Region 1 CSPD

is proud to be co-sponsoring this mini-conference with Hi-Line Home Programs, Inc. as one of their many in-services offered to teaching staff through this area



*When life knocks you down,
humor is the magic wand
that cushions your fall,
lifts you back up and
points you in a new direction.*

"Laughter is your pressure relief valve."

Hi-Line Home Programs, Inc. is proud to be offering this very humorous and informational workshop on

Saturday

July 24, 2010

Cottonwood inn

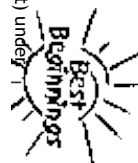
Glasgow, MT

8:30-2:30

5 hours approved training

CEUs available

This project is funded (in part) under contract with MT Department of Public Health and Human Services. The statements herein do not necessarily reflect the opinion of the Department.



Lessons from LOIS...

Session Outline

Lois McElravy brings into her presentations an effective use of humor to handle the demands and pressures of work and home, so you can maintain a flexible perspective, adjust to constant change, develop creative solutions, survive the seriousness of your life challenges, thrive in the face of adversity and have more fun!



Lois will share with you her personal experience, "There is nothing funny about living with a brain injury, But there is plenty to laugh about."

The same principle holds true when trouble strikes you at work or home. There is nothing funny about everyday disruptions, unexpected difficulties, uncontrollable influences or dealing with constant change. But there is plenty to laugh about, if you develop your humor habit."

Lois provides audiences with life-changing insights and equips them with practical solutions to manage stressful situations and bounce back quickly from disappointments.

8:30—9:00 Registration

9:00—10:30

Character Keynote Presentation

"What do you do when life looks ugly?"

10:30—10:45 Break

10:45—Noon

ADD/ADHD Beast or Blessing

12:00—1:00 Lunch Provided On-Site

1:00—2:30

Helping Children Develop Their Sense of Humor

5 hours approved training CEUs also available

None of us are immune from the pressures and demands of balancing work and home and dealing with the unpredictable swift pace of life.

It doesn't matter how knowledgeable we are in our chosen profession, the education degrees we have earned, or the experience we have acquired—none of those things matter if we lack the ability to reset stressful emotions and restore our ability to think clearly, when unexpected difficulties throw us off balance.

Lois will captivate you with her character performance. Although she is very entertaining, behind it all she will have some very powerful and meaningful messages. She is very humorous, she is a survivor and you will enjoy this Saturday summer session immensely.

Registration Form

Saturday 8:30 am—2:30pm

\$25.00

(Includes all meals and materials)

Method of Payment check pay at the door

NAMES OF PEOPLE ATTENDING:

BUSINESS OR PERSON RESPONSIBLE FOR PAYMENT:

Copies of this brochure are available on our website.

www.hilinehomeprograms.org

For further questions please contact our office.

Hi-Line Home Programs, Inc.

Child Care Resource & Referral Dept.

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